# DEPARTMENT OF DIABETIC CARE HEALTH CHECKUP PACKAGES

Dr. Jeyasekharan Hospital & Nursing Home have specially designed Master Diabetic Health packages for you. Go through the health packages and get a checkup today.

#### LIST OF PACKAGES

- 1. Master Diabetic health checkup.
- 2. Mini Diabetic health checkup.
- 3. Extended diabetic health check up.

### GUIDELINES FOR PACKAGE INVESTIGATIONS

- ➤ Please register for the health Checkup with the Reception Cell No: 9842333907. This helps us to serve you better and work faster.
- > You are advised to come for the Health Checkup on an empty stomach between 6-8 am.
- ➤ Please bring all your previous medical records and current medication with you.
- ➤ You are advise to take your regular medications, except those for diabetes as you are starving.
- ➤ Report to the express Lab counter at the front office to make payment and give the 1st Blood sample.
- Please report to the express lab counter for the 2nd set of blood test, 2 hours after taking breakfast.
- ► Drink a lot of water and remain bladder full before USG of the lower Abdomen.
- ▶ All the investigation reports will be available on the same day.
- ▶ Once investigations are ready you will see your doctor.
- ➤ These checkups may take 4 to 8 Hours of time, depending upon the package.

#### MASTER DIABETIC HEALTH CHECKUP

- ◆ Complete Blood Count (CBC)
- Fasting Blood Sugar (FBS)
- PPBS( 2 HOURS)
- Urea, Creatinine
- Fasting Lipid profile
- \* HbA1C
- Thyroid Stimulating Hormone (TSH), Free T4
- ECG
- USG Abdomen
- · Echo Cardiogram
- X-ray Chest
- · Sensory profile both feet
- A:B Index Arterial profile
- Urine Exam micro
- \* Urine micro Albumin
- · Dental Screening
- · Dietician Consultation
- Physican Consultation (History, Clinical Examination & Medical advice)

## MINI DIABETIC HEALTH CHECK-UP

- \* Fasting Blood Sugar (FBS)
- \* Random Blood Sugar (RBS)/PPBS
- Urea, Creatinine
- Fasting Lipid profile
- HbA1C
- \* Thyroid Stimulating Hormone (TSH)
- ◆ ECG
- · USG Abdomen
- Urine Exam micro
- \* Dental Screening
- Dietician Consultation
- Physican Consultation (History, Clinical Examination & Medical advice)

## EXTENDED DIABETIC HEALTH CHECKUP

- \* Master diabetic health checkup +
- \* TMT



DR. JEYASEKHARAN MEDICAL TRUST DR. JEYASEKHARAN HOSPITAL AND NURSING HOME

## **DEPARTMENT OF DIABETIC CARE**

**HEALTH CHECKUP PACKAGES** 



## DR. JEYASEKHARAN MEDICAL TRUST DR. JEYASEKHARAN HOSPITAL & NURSING HOME

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